Step-by-Step TFT Algorithm Procedure

1. Ask the client to think of the problem and then have him/her give it a SUD rating from 0 (or 1) to 10 (with 10 being the highest).
2. While he/she continues to think about the problem, have the client do the following:

Tap the majors

SUD down at least 2 points	*SUD not reduced, or down by 1 point only*
Apply 9 Gamut Sequence Then, repeat the majors **Check SUD** (see NOTE)	**Treat for** Specific Psychological Reversal **by tapping** the PR spot on the side of the hand (karate chop) 15 times

Tap the majors

SUD down at least 2 points	*SUD not reduced, or down by 1 point only*
Apply 9 Gamut Sequence Then, repeat the majors **Check SUD** (see NOTE)	Treat for **Recurring Reversal** by gently rubbing the sore spot on the upper left chest in a circular motion while focusing on the specific problem

Tap the majors

SUD down at least 2 points	*SUD not reduced, or down by 1 point only*
Apply 9 Gamut Sequence Then, repeat the majors **Check SUD** (see NOTE)	Treat for **Massive Reversal** by firmly rubbing the sore spot on the upper left chest in a circular motion while focusing on all of life's problems in general

Tap the majors

SUD down at least 2 points	*SUD not reduced, or down by 1 point only*
Apply 9 Gamut Sequence Then, repeat the majors **Check SUD** (see NOTE)	Treat for **Level 2 Reversal** by tapping the upper lip 15 times

Tap the majors

SUD down at least 2 points	*SUD not reduced, or down by 1 point only* Do the **Environmental Toxin Correction** by tapping the index finger 15 times and then tapping the side of the hand 15 times. Tap the majors. *SUD not reduced, or down by 1 point only*
Apply 9 Gamut Sequence Then, repeat the majors **Check SUD** (see NOTE)	Apply the **Collarbone Breathing Procedure**

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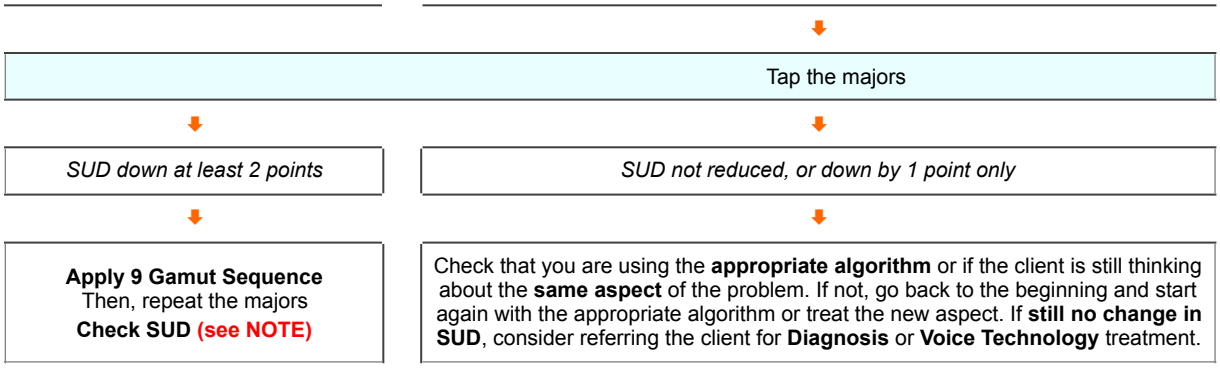

NOTE: If SUD is not 2 or less after the 9 Gamut Sequence and the majors, correct for **Mini-PR. Begin again with the reversal corrections on the right side of the flowchart. After each reversal correction, repeat the entire treatment (majors, 9 gamut, majors) until SUD is 2 or less. When SUD is 2 or less, do floor-to-ceiling eye roll.**

Algorithm Chart

Abnormal clumsiness or awkwardness	1	**CB²**
Addictive Urge	2	**e - a - c**
	3	**c - e - c**
	4	**a - e - c**
	5	**e - c - a - c**
Anger	6	**tf - c**
Complex Trauma / Rejection / Love Pain / Grief	7	**eb - e - a - c**
Complex Trauma with Anger	8	**eb - e - a - c - tf - c**
Complex Trauma with Guilt	9	**eb - e - a - c - if - c**
Complex Trauma with Anger and Guilt	10	**eb - e - a - c - tf - c - if - c**
Depression	11	**g50 - c**
Embarrassment	12	**un**
Environmental Toxin Correction	13	if–repeat PR corr. (side of hand 15x)
General Anxiety / Stress	14	**e - a - c**
Guilt	15	**if - c**
Jet Lag (East - West)	16	**a - c**
(West - East)	17	**e - c**
Obsession / OCD	18	**c - e - c**
	19	**a - e - c**
	20	**e - a - c**
Panic / Anxiety Disorder	21	**eb - e - a - c**
	22	**e - a - eb - c**
	23	**a - e - eb - c - tf**
	24	**eb - a - e**

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	25	**e - eb - a - tf**
	26	**c - e - a**
Physical Pain	27	**g50 - c**
Rage	28	**oe - c**
Reversal of concepts, words or behavior Self sabotage / Negativistic behavior	29	Correct for PR at appropriate level (PR / RPR / MPR / PR2 / CB2)
Shame	30	**ch**
Simple Phobias / Fear	31	**e - a - c**
Simple Trauma / Rejection / Love Pain / Grief	32	**eb - c**
Spiders / Claustrophobia / Turbulence	33	**a - e - c**
SUD report of 2 or less / Rapid Relaxation	34	Floor-to-Ceiling Eye Roll (er)
Visualization for overcoming addictions or achieving peak performance	35	**a - c**

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